



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS 100TH AIR REFUELING WING (USAFE)
ROYAL AIR FORCE MILDENHALL, ENGLAND

5 November 2020

MEMORANDUM FOR ALL RAF MILDENHALL AIRMEN

FROM: 100 ARW/CC

SUBJECT: COVID-19 Commander's Directives (Consolidated COVID-19 CAT Directives)

Purpose: Provide up-to-date wing guidance related to our COVID-19 response in a way that is clear, concise, and readily accessible to all members of Team Mildenhall. **Key changes to this policy are noted in red.**

Method: This memorandum supersedes all prior Crisis Action Team Directives (CAT Dir), which are hereby rescinded effective immediately, with the exception of CAT Dir 34-Dorm and Lodging Resident Resiliency Groups, CAT Dir 38-Transient Personnel Policy, and CAT Dir 39-Leave, Liberty and Pass Policy. These directives set forth below will remain in effect until superseded or rescinded. All Airmen are required to follow the current Host Nation (HN) law and guidance, unless the guidance stated below is more restrictive. **Additionally, unless otherwise approved by the 100 ARW/CC, all facilities and activities will align with that authorized by the HN. For the lockdown period from 5 Nov – 2 Dec, requirements can be found at <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>. Status of services on RAF Mildenhall will be communicated via the Square D app. Exceptions for 352 SOW facilities and activities, will be approved by the 352 SOW/CC.**

Health Protection Condition. All Airmen are directed to observe HPCON BRAVO with additional CHARLIE/DELTA measures per the attached.

COVID-19 Recovery Phase. All units are directed to observe **Recovery Phase 1** per their established unit recovery plans. **Telework and split/staggered shift scheduling are available to Commanders and supervisors where there is minimal or no loss of productivity, and where mission and/or customer services are not adversely impacted.**

DoD Stop Movement. In accordance with the Secretary of Defense memo dated 22 May 2020, the DoD is taking a conditions-based, phased approach to personnel movement. DoD service members and DoD civilian personnel, as well as dependents where travel is government-funded, may be required to stop movement depending on the most current gating criteria for their entire travel route, including their origin, any stops and their destination of travel. The only exception is when the conditions-based criteria are met, (both locations, origin and destination are GREEN) an exemption applies, or an exception to policy (ETP) is granted by **the 100 ARW/CC or first O-6 in traveler's chain of command. All ETPs approved below the wing commander level will be staffed and maintained by the 100 ARW Front Office. 352 SOW personnel will follow guidance linked below. Note:** that PCS movements are currently exempt, and do not require individual exceptions.

For additional guidance:

- Review the DoD Stop Movement gating criteria at: <https://www.defense.gov/Explore/Spotlight/Coronavirus/>
- For PCS/TDY travel, see AFPC guidance at: https://mypers.af.mil/app/answers/detail/a_id/46605
- For EUCOM AOR, see USAFE guidance at: https://intelshare.intelink.gov/sites/usafe-afafrika/UASR/CV19_layouts/15/start.aspx#/SitePages/Home.aspx
- For 352 SOW specific guidance, see 352 SOW COVID SharePoint at: <https://portal.usafe.af.mil/sites/352SOW/COVID19/SitePages/Home.aspx>

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Travel/Leave/Liberty Pass. Individuals will stay at home unless required for work, school, exercise, worship, food/drink pick-up, waste disposal, providing or accessing charitable services, activities involving rental or purchase of property, fulfill legal obligations, provide emergency assistance, providing care for vulnerable people, attending a support group, funeral/memorial service or burial ground, marriage ceremony, to obtain veterinary care, visiting in an outdoor space, medical concerns, shopping for necessities, or visits to members of your support bubble, AF Resilience Activities or Resiliency Groups at RAFL/RAFM or other reasons authorized under HN regulations. Approval authority for leave outside the residence is the unit commander IAW CAT Directive 39-Leave, Liberty and Pass Policy.

Restriction of Movement (ROM). Any ROM, including but not limited to quarantine and isolation, are valid military orders; military members who are directed to ROM by their unit commander or equivalent or by the 48th Medical Group or the UK National Health Service may be subject to administrative or disciplinary action for violation of ROM orders. Civilian employees, contractors, and dependents will follow ROM guidance provided by the unit, the 48th Medical Group, and the National Health Service (for those that do not receive medical care on-base). See Attachment 1 that supplements this guidance and gives unit commanders and personnel additional, detailed ROE and restrictions for both quarantine and isolation. Questions related to terms or conditions of ROM should be directed to unit leadership.

ROM Expectations. QUARANTINE means your movement is restricted because you may be at risk for development of COVID-19 infection due to travel or close contact with a confirmed or probable COVID-19 positive individual. **STAY AT HOME** and do not leave your home or private yard for the entire 14-day period starting after the date of your last exposure to a confirmed COVID-19 positive individual, or in cases of travel your arrival from an at-risk or non-corridor location unless for urgent medical appointments or exempted in writing by the 100 ARW or 352 SOW commander. Do not leave the room if you live in a dorm room or lodging. If you develop symptoms consistent with COVID-19, contact the 48 MDG appointment line at DSN 226-8010 or after-hours at 226-8556. See Attachment 1 for specific Quarantine requirements. See link for list of COVID symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>).

Note: Mission requirements permitting, the **household members** of anyone residing within the home of an individual who has been placed into quarantine due to traveling from a location that generates a requirement to quarantine are **highly encouraged** to enter Restriction of Movement (ROM) status for the duration of the fellow household member's travel quarantine period. During this time, all household members should stay at home, telework to the maximum extent possible, and should self-monitor for symptoms. Unit commanders should lend maximum support to these initiatives.

ROM Expectations. ISOLATION means your movement is restricted because you have symptoms consistent with COVID-19 infection and are awaiting results of a COVID-19 test, or have already tested positive. Personnel with symptoms who are advised to isolate must **STAY AT HOME** and cannot leave home until authorized by their unit commander (or equivalent) or by 48th Medical Group. Stay in a private room with a private bathroom within your home, if available, and avoid contact with anyone else in the household. Household members of isolated personnel shall be immediately placed into quarantine status for 14 days from the date they came in contact with the isolated individual, and shall self-monitor for symptoms. Do not leave the room if you live in a dorm room or lodging. Any exemptions to these requirements must be approved by the unit commander. See Attachment 1 for specific Isolation requirements.

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Face coverings and social distancing. Host Nation laws require all personnel to wear face coverings while indoors in certain types of facilities. All military personnel are mandated to wear cloth face coverings on-base when they cannot maintain six feet (2 meters) of physical distancing, unless otherwise approved by their unit commander or equivalent based on mission requirements. Civilian personnel (US, LNDH and MoD), family members, DoD contractors, and others are required to do the same. All on-base shopping and customer service facilities shall require face coverings for employees and guests, and may deny entry to those not wearing face coverings.

Social Gatherings. Usage of off-base restaurants, pubs, and bars shall be IAW HN guidance. Exercise or visits to outdoor public places (such as parks, beaches, countryside, public gardens, or playgrounds) with the people you live with, your support bubble/linked households, or when on your own with one person from another household are authorized. Dorm and Lodging Resident Resiliency Groups, formed IAW CAT Directive 34 are intended to function similar to HN support bubbles.

<https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing/coronavirus-covid-19-meeting-with-others-safely-social-distancing>.

Support Bubbles/Linked Households. Resilience and support of personnel and families, in particular unaccompanied Airmen and families of deployed Service members, are priorities for Team Mildenhall.

- HN "support bubble" guidance, available at: <https://www.gov.uk/guidance/making-a-support-bubble-with-another-household>.
- Dorm Airmen and Lodging Resident Resiliency Groups On-base follow CAT Directive 34

Official Gatherings Work-related duties, official gatherings and resiliency events/groups are a military necessity and are considered **mission critical** and are excepted from social gathering limits when conducted on-base. Participation for these work activities should attempt to mirror HN guidance, but unit commanders may authorize any number at on-base work related activities as needed for military necessity. However, those events with more than 30 people shall be subject to the unit commander's risk-based decision process, documented on an AF Form 4437, and coordinated with 100 ARW/SE. The risk-based process shall factor in the approved COVID-19 safe capacity of the venue and relevant laws and policies regarding events and gatherings. Social gatherings, and any off-base gatherings shall follow HN law requirement. For requirements and for specific exceptions to gathering limits, visit:

<https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing/coronavirus-covid-19-meeting-with-others-safely-social-distancing>

Accountability/Reporting requirements. Group Control Centers (GCC) and Unit Control Centers (UCC) shall remain in a warm status until further notice. GCCs/UCCs shall report the quarantine, isolation, or ROM status of unit personnel to include Command Sponsored dependents to inform the daily SITREP. This update will be emailed to the 100 ARW Command Post at 100ARW.CPY3@us.af.mil NL T 0900L each duty day. Unit leadership will identify and maintain roster of all RAF Mildenhall dorm resident Airmen and ensure they are separated IAW current DoD guidance.

COVID-19 Positive Test. All personnel who test positive for COVID-19 **must** report their status to unit leadership within **One Hour**. Military personnel are responsible for reporting their dependents. 100 ARW Command Post will inform the Medical Control Center of any such notifications.

Key Resources. For current DoD, HN, and CDC guidance, visit:

- **DoD guidance.** <https://www.defense.gov/Explore/Spotlight/Coronavirus/>
- **General HN guidance.** <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>
- **HN FAQ.** <https://www.gov.uk/guidance/local-covid-alert-levels-what-you-need-to-know>

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- **England National Lockdown:** <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>.
- **CDC: Cleaning and Disinfecting Your Facility.** <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
- **CDC: How to Protect Yourself & Others.** <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

Keep up the fight. The best defense against COVID-19 is following medical guidance and executing good hygiene and physical distancing. Continue to be vigilant in handwashing and/or the use of hand sanitizer, covering your coughs/sneezes, staying home when you are sick, staying away from others who are sick, routinely cleaning all frequently touched surfaces, wearing your face covering whenever required, limiting your close contacts, providing your contact information to track and trace efforts, etc. **If you develop symptoms consistent with COVID-19, contact the COVID-19 Hotline at DSN 226-8010.**

End State: The 100 ARW will continue to provide a ready force and strategic forward base, while ensuring the safety of our Airmen, their families, and the local community. Every scenario cannot be envisioned. Commanders and supervisors are therefore empowered to make well-reasoned decisions or implement mission specific additional requirements to meet the intent of this memorandum. This policy will remain in effect until superseded or rescinded.

Please direct questions to the 100 ARW front office at DSN 314-238-0100 or email at 100arw.cce@us.af.mil during normal duty hours. After hours, the 100 ARW Command Post can be reached at DSN 314-238-2121.



S. TROY PANANON, Colonel, USAF
Commander

Attachments:

1. 100 ARW Restriction of Movement Definition Key
2. HPCON BRAVO with CHARLIE/DELTA Measures

Attachment 1

RESTRICTION OF MOVEMENT DEFINITION KEY

1. Restriction of Movement status (on & off-base): Status when personnel are required by 100 ARW/CC to restrict themselves to their home or room, or to limit their movement outside their home or room to limited essential activities within the tri-base area and/or local community in order to protect themselves and others.

- Personnel are placed into, and shall remain in, restriction of movement (ROM) status for the duration of the requirement.
- There is no time limit and release from this ROM status may be gradual and/or phased.
- **ROM ROE:** Personnel shall limit their movement for the duration.
 - May require you to remain in your home, or room if you live in a dorm room or Lodging, and minimize contact with anyone else.
 - Essential activities generally include shopping for food, medicine and household supplies, outdoor exercise and pet care, minimizing contact with non-household members.
 - Movement may also include work, school and child care.
 - May require self-monitoring for symptoms and daily reporting of status.
 - Subject to 100 ARW/CC direction at the time of ROM.

2. Lockdown status (on & off-base): Status when the base population, or a significant portion of the base population, are required by UK and/or 100 ARW/CC to shelter-in-place, work from home, limit travel to official business within the tri-base area, and/or limit movement outside their home or room to limited essential activities in order to protect themselves and others.

- Personnel are placed into, and shall remain in, lockdown status for the duration of the requirement.
- There is no time limit and release from this lockdown status may be gradual and/or phased.
- **Lockdown ROE:** Personnel shall limit their movement for the duration.
 - May require you to remain in your home, or room if you live in a dorm room or Lodging, and minimize contact with anyone else.
 - Exceptions may be made for mission critical/essential personnel that must be physically present at their workcenter.
 - Essential activities generally include shopping for food and medicine, and limited outdoor exercise and pet care, avoiding contact with non-household members.
 - Excursions should be limited to one person at a time from the household.
 - May require self-monitoring for symptoms and daily reporting of status.
 - Subject to UK and 100 ARW/CC policies at the time of lockdown.

3. Isolation status (on & off-base): Status when personnel are suspected of having (they have COVID-like symptoms), or are confirmed positive for, COVID-19.

- Personnel are placed into, and shall remain in, isolation status while symptomatic or testing positive, and can only be released by competent medical authority.
- UK law requires self-isolation of COVID-19 positive persons for the duration of their symptoms, and for at least 10 days after symptoms have ceased.
- Household members of isolated personnel shall be immediately placed into Contact Quarantine status for 14 days after their last contact with the isolated individual, and shall self-monitor for symptoms.
- Personnel released from isolation status may require sufficient time lapse before their return to work, but are otherwise allowed to return to work with the pre-approval of their unit commander or equivalent.

- **Isolation ROE:** Personnel shall STAY AT HOME and not leave their home or room for the duration.
 - Stay in a private room with a private bathroom where available, and limit contact with anyone else in the household. Do not leave the room if you live in a dorm room or Lodging for any reason.
 - Do not have contact with anyone outside your household.
 - If residing on RAF Mildenhall, personnel shall NOT leave the base. If residing off-base, personnel shall not enter any base. For 100 ARW members residing on RAF Lakenheath or RAF Feltwell, they shall NOT leave that particular base.
 - The only exceptions to the above ROE is for emergencies.
 - Units shall ensure the provision of sustenance and personal care items for personnel and their households for the duration of their isolation.

4. Contact Quarantine status (on & off-base): Status when personnel have prolonged contact with a confirmed or suspected COVID-19 infected person.

- Personnel are placed into this quarantine status due to contact with a confirmed or suspected COVID-19 person, and shall remain in quarantine status until released by competent medical authority (the isolated patient has a negative COVID-19 test result), the unit commander or equivalent, or at least 14 days has elapsed since last contact with a confirmed COVID-19 positive person, whichever occurs soonest.
- Should symptoms develop, personnel shall be immediately placed into isolation status. UK law requires a 14-day quarantine period for personnel having contact with confirmed COVID-19 positive persons.
- Household members of contact quarantined personnel shall be immediately placed into Restriction of Movement (ROM) status for the duration of the contact quarantine period, not allowed to travel, work, attend school, receive childcare or visit the fitness centers, and shall self-monitor for symptoms.
- Personnel released from quarantine status may immediately return to work with the pre-approval of their unit commander or equivalent.
- **Contact Quarantine ROE:** Personnel shall STAY AT HOME and not leave their home or room for the duration.
 - Do not leave your home, or room if you live in a dorm room or Lodging, and minimize contact with anyone else in the household.
 - Avoid contact with anyone outside your household.
 - Excursions outside the room/home are limited to medical emergencies.
 - If residing on RAF Mildenhall, personnel shall NOT leave the base. If residing off-base, personnel shall not enter any base except for emergencies. For 100 ARW members residing on RAF Lakenheath or RAF Feltwell, they shall NOT leave that particular base.
 - ROM status household members may leave the home for limited excursions but shall limit their contact with others, and should be limited to one person at a time from the household. Units shall ensure the provision of sustenance and personal care items for personnel and their households for the duration of their quarantine

5. RAFM Permanent Change of Station Quarantine status (on & off-base): Status when personnel PCS to RAF Mildenhall from outside of the United Kingdom (UK), regardless of UK travel quarantine requirements.

- Personnel and their households are placed into this quarantine status due to PCS travel from outside the UK.
- Personnel and their households shall remain in this quarantine status for 14 days from their date of entry to the UK.
- Personnel shall continuously self-monitor for symptoms and shall provide daily status reports to their supervisor. Should symptoms develop, personnel shall be immediately placed into isolation status.

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- Personnel released from this quarantine status may immediately return to work with the pre- approval of their unit commander or equivalent.
- **PCS Quarantine ROE:** Personnel shall remain in quarters/private yard for the duration, and shall only leave for maximum of one hour total per day for limited essential excursions.
 - Personnel shall be screened immediately upon their arrival, and this will include a COVID-like symptom questionnaire and a temperature check.
 - Essential excursions shall be limited to medical emergencies, outdoor exercise and pet care, and shall not include visits to the Base Exchange, BX Express, Commissary, Dining Facility, or any market, pub, restaurant, service, shop or store.
 - All excursions require the use of cloth face coverings, the exercise of proper COVID hygiene and minimizing contact with others.
 - Avoid contact with anyone outside your household.
 - If residing on RAF Mildenhall, personnel shall NOT leave the base. If residing off-base, personnel shall not enter any base except for emergencies. For 100 ARW members residing on RAF Lakenheath or RAF Feltwell, they shall NOT leave that particular base.
 - Units shall ensure the provision of sustenance and personal care items for personnel for the duration of their quarantine.

6. UK Travel Quarantine status (on & off-base): Status when personnel arrive or return to the UK from countries or territories that are NOT exempt from the UK travel self-isolation (quarantine) requirement.

- Personnel are placed into this quarantine status due to travel from, to or through a country or territory not on the approved UK travel corridor list, which can be found on their website at: <https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>.
- UK law requires all travelers to the UK to self-isolate for 14 days upon arrival, unless exempted.
- The UK travel quarantine requires that personnel remain in one place for the duration, have no visitors, not go to work, not go shopping or visit public areas, except in certain limited circumstances.
- **RAFM Travel Quarantine Policy:** Applies to all personnel subject to the UK travel quarantine requirement, and including their households, unless otherwise exempted.
- Not applicable to personnel who are not subject to the UK travel quarantine.
- Subject personnel shall remain in this quarantine status for 14 days from their date of entry to the UK.
- Subject personnel shall continuously self-monitor for symptoms and shall provide daily status reports to their supervisor. Should symptoms develop, personnel shall be immediately placed into isolation status.
- Household members of travel quarantined personnel shall be immediately placed into Restriction of Movement (ROM) status for the duration of the travel quarantine period, are required to stay at home, and shall self-monitor for symptoms. The only exception is for urgent medical appointments. All other exemptions must be approved by the unit commander.
- Personnel released from this quarantine status may immediately return to work with the pre- approval of their unit commander or equivalent.
- **RAFM Travel Quarantine ROE:** Personnel shall remain in quarters/private yard for the duration, and shall only leave for maximum of one hour total per day for limited essential excursions
 - Do not leave your home, or room if you live in a dorm room or Lodging, and minimize contact with anyone else in the household.
 - Avoid contact with anyone outside your household.
 - Essential excursions shall be limited to medical emergencies, outdoor exercise and pet care, and shall not include visits to the Base Exchange, BX Express, Commissary, Dining Facility, or any market, pub, restaurant, service, shop or store.

- All excursions require the use of cloth face coverings, the exercise of proper COVID hygiene and minimizing contact with others.
 - If residing on RAF Mildenhall, personnel shall NOT leave the base. If residing off-base, personnel shall not enter any base except for emergencies. For 100 ARW members residing on RAF Lakenheath or RAF Feltwell, they shall NOT leave that particular base.
 - ROM status household members may leave the home for limited excursions but shall limit their contact with others.
 - Units shall ensure the provision of sustenance and personal care items for personnel for the duration of their quarantine.
- **Personnel Exempt from UK Travel Quarantine:** Applies to all personnel that the UK has specifically exempted from the travel self-isolation (quarantine), and certain limited categories of United States Visiting Forces (USVF) that can be exempted due to mission requirements.
 - Exempted personnel are not required to comply with the UK's 14-day travel self-isolation requirement.
 - Any USVF exemption is subject to mission requirements, potential risks to the local community and prior written approval of the 100 ARW/CC, with oversight by the UK government.
 - The USVF exemption is intended to be of limited use and only for those personnel that must perform essential defense activities within their first 14 days in the UK.
 - No exemptions shall be granted for: Personnel not required to report for duty within their first 14 days in country. Dependents and guests are not eligible for an exemption.
 - Transient personnel may be eligible for a different exemption than permanent party or TDY personnel, but all exemptions must be pre-coordinated.
 - Eligibility does not confer exemption approval, so eligible personnel are not exempted until their exemption request is approved.
 - **RAFM Travel Quarantine Exemption ROE:** Regardless of their status with respect to the UK's travel quarantine requirements, all personnel remain subject to current RAF Mildenhall policies.
 - Personnel arriving to RAFM with an exemption from UK travel quarantine requirements must carry their exemption documents at all times, shall continuously self-monitor for symptoms and shall provide daily status reports to their supervisor or sponsoring unit as applicable.
 - Personnel shall be screened immediately upon their arrival, and this will include a COVID-like symptom questionnaire and a temperature check.
 - Personnel shall limit their travel to the tri-base area and adjoining communities for the first 14 days after arrival.
 - All personnel must exercise proper COVID hygiene, shall minimize contact with others outside of their workcenter and shall self-monitor for symptoms.
 - Excursions on and off-base shall be limited to official business, official appointments, medical emergencies, food/medicine purchases, outdoor exercise and pet care.
 - Any visits to the Base Exchange, BX Express, Commissary, Dining Facility, or any market, pub, restaurant, service, shop or store, shall be limited to 30 minutes and takeaway or to-go food purchases.
 - All excursions require the use of cloth face coverings, the exercise of proper COVID hygiene and minimizing contact with others.
 - Exempt personnel shall minimize contact with any quarantined or isolated household members.
 - Should symptoms develop, personnel shall be immediately placed into isolation status, and their exemption becomes null and void.

7. Transient Airside Restriction of Movement status (on-base only): Status when personnel (crews and passengers) arrive at RAF Mildenhall (RAFM) via military air or contract air, with the intent for the mission to make a temporary stop along their route, regardless of origin or travel stops prior to arriving at RAFM. See RAFM Transient & TDY Personnel Policy for additional requirements.

- Transient personnel shall be considered “airside” for the purposes of exemption from the UK travel quarantine when making a temporary stop at RAFM.
- Personnel are in this status for the duration of their stay, not-to-exceed 24 hours from time of arrival. If mission delays occur, transient aircrew/personnel will quarantine to the maximum extend in their rooms and limit contact with other unless mission requirement dictate otherwise.
- Personnel are to be lodged on RAF Mildenhall, and shall remain, **ON BASE** for the duration of their stay.
- **Transient ROM ROE:** Personnel are prohibited from leaving RAFM unless transported to RAF Lakenheath or RAF Feltwell by RAF Mildenhall personnel in a Government-owned Vehicle (GOV) for official business only.
 - Personnel shall be screened immediately upon their arrival, and this will include a COVID-like symptom questionnaire and a temperature check.
 - Transient aircrew/personnel will quarantine to the maximum extend in their rooms and limit contact with other unless mission requirement dictate otherwise.
 - Personnel must exercise proper COVID hygiene and minimize contact with others at all times.
 - Only the aircraft commander, or designated crewmember will enter the 100 ARW Command Post, or other location on RAFM, to check in, drop-off/pick-up classified material for storage.
 - Meals are available from the DFAC and the Flight Kitchen (bldg. 436) only.
 - On a case-by-case basis and as necessity dictates, the aircraft commander, designated crewmember or troop commander may make a **ONE-TIME** trip to the Commissary, BX and/or BX Express to buy required items for their crew/troops. If this occurs, the individual shall follow all COVID-19 protocols.
 - Excursions on-base should be limited to official appointments, medical emergencies and outdoor exercise.
 - Gatherings are limited to the immediate aircrew/troops (not-to-exceed 10 people total) on lodging grounds. Aircrews/troops will avoid areas that put transient personnel and the base populace at risk. For all gatherings, proper COVID-19 protocols are mandatory, even among aircrew/troops, while on RAF Mildenhall.
 - Personnel shall be screened immediately prior to their departure, and this will include a COVID-like symptom questionnaire and a temperature check.

8. Pre-Deploy ROM (on & off-base): Status when personnel are required by DAF FHP Guidance to ROM.

- Required when personnel prepare to deploy – see UDM for exceptions
- Minimum final 14 days per latest guidance, may increase with gaining Host Nation requirements, before departure date.
- If gaining Host Nation requires the ROM to be performed on-base, off-base personnel must be lodged on-base at unit expense.
- A 14-day ROM should be: 14 full 24 hour periods, during which members will limit close contact (within 6 feet or 2 meters) with others and be restricted to their residence or other appropriate domicile or location, medical appointments, or excursions to acquire essential items.
- All excursions require the use of cloth face coverings and will be limited to 15 minutes or less when entering a public area to include stores, gas stations, etc.
- Personnel may be required follow Foreign Clearance Guide/host nation requirements. (e.g. UK mandates 14-day self-isolation upon arrival, deployer will not be required to complete separate pre-deployment ROM).

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- Personnel may be required to have a negative COVID test and/or provide proof of ROM prior to departure
- Personnel may be required to perform ROM at their APOE, APOD and/or final destination.
- See your UDM for latest **AFRICOM, EUCOM and CENTCOM ROM ROEs**

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Attachment 2

HPCON BRAVO with CHARLIE/DELTA MEASURES

1. Consider broad physical distancing (and possible medical countermeasures (i.e., distribution of prophylaxis, mass vaccinations, etc.). Members should visit the attached key resources to obtain and comply with the latest DOD, AF and UK COVID-19 restrictions and guidance. At RAF Mildenhall the following physical distance measures are in effect:

- Maintain a physical distance of 6 feet away from other individuals/families whenever possible and comply with the SecDef directive to wear a face covering when unable to maintain the appropriate physical distance.
- Wear face coverings when proper physical distance cannot be maintained, and when entering facilities that require their wear such as the Post Office, BX, Medical Group, and any other designated facilities.

2. Continue enhanced/expanded ongoing public health surveillance and communications/reporting routines to include monitoring of suspected human-to-human transmission cases.

3. Continue plans/processes to deliver essential goods to personnel assigned to home isolation.

4. Continue and adjust as necessary installation coordination and crisis response structures. Ensure coordination with host nation agencies.

5. Be prepared to provide surgical masks and isolate patients suspected of having the contagious disease prior to entering the medical facility, all other patients will be expected to wear cloth face coverings.

6. Plan for alternate service delivery strategies and activities for children and youth for periods when social distancing measures are enacted (e.g., on-line, telephone or drive thru book or movie check-out, PPE and hand washing/sanitizing capabilities at movie theaters, arcades, shopping facilities, etc.).

7. All RAF Mildenhall entities should adhere to Food Specific Food Protection Measures, and practicable COVID secure work/common area hygiene measures, as recommended by RAF-Lakenheath Public Health.

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