



**DEPARTMENT OF THE AIR FORCE  
1 00TH AIR REFUELING WING (USAF)  
ROYAL AIR FORCE MILDENHALL, UNITED KINGDOM**

19 October 2022

MEMORANDUM FOR ALL RAF MILDENHALL PERSONNEL

FROM: 100 ARW/CC

SUBJECT: COVID-19 Commander's Directives

All personnel are required to follow UK guidance, unless the guidance stated below is more restrictive. The latest COVID information for the UK can be found at <https://www.gov.uk/coronavirus>. All guidance contained within this document is derived from Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance Revision 3 which is available at <https://media.defense.gov/2022/Aug/30/2003067565/-1/-1/0/CONSOLIDATED-DEPARTMENT-OF-DEFENSE-CORONAVIRUS-DISEASE-2019-FORCE-HEALTH-PROTECTION-GUIDANCE-REVISION-3.PDF>.

**Health Protection Condition:** RAF Mildenhall is at Health Protection Condition Alpha, with select Bravo and Charlie measures.

***Determining “Fully Vaccinated” Status:***

“Fully Vaccinated” members, as defined by DoD COVID-19 FHP Guidance rev 3, are individuals who have had at least 2 weeks elapsed after a second dose of a two-dose COVID-19 vaccine series (e.g., PfizerBioNTech/Comirnaty, or Moderna/Spikevax vaccines), or 2 weeks after receiving a single dose of a one-dose COVID-19 vaccine (e.g., Johnson & Johnson’s Janssen vaccine) that are: (1) fully licensed or authorized or approved by the FDA; (2) listed for emergency use on the World Health Organization Emergency Use Listing (e.g., AstraZeneca/Oxford); or (3) approved for use in a clinical vaccine trial for which vaccine efficacy has been independently confirmed (e.g., Novavax). An individual is “not fully vaccinated” if the individual either has not completed the full COVID-19 vaccination dose series; or declines to provide his or her COVID-19 vaccination status and declines to provide any requested proof of that status.

***Determining “Up-To-Date” Status:***

“Up-to-date” members, as defined by DoD COVID-19 FHP Guidance rev 3, are individuals receiving all recommended COVID-19 vaccines, including any booster dose(s) recommended when eligible. An individual is not “up-to-date” if the full COVID-19 vaccination series including booster doses has not been completed; or declines to provide their COVID-19 vaccination status and declines to provide any requested proof of that status.

Use the CDC’s COVID-19 booster tool to determine if you are considered “up-to-date” on vaccination. [https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fvaccines%2Fbooster-shot.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fvaccines%2Fbooster-shot.html)

***COVID-19 Testing for Symptomatic Individuals:***

If you have symptoms suspicious for COVID-19, immediately isolate at home, and inform your Chain of Command. There are multiple options for testing:

- Contact the MDG appointment line, DSN 226-8010 (01638 52 8010) to be evaluated for COVID-19 testing. Test results from the 48 MDG are most readily available and accessible to any patient within 24 – 36 hours via Tricare Online at <https://www.tricareonline.com>.

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- Use an at home Lateral Flow Device (LFD) or other test method (e.g. antigen or PCR).
- The Unit Health Monitor (UHM) can obtain test kits for at-home testing through the 100 LRS customer service by contacting DSN: 238-7008 (01638 54 7008); Bldg. 582, Rm. 28.

***Reporting Requirements:***

All personnel who test positive for COVID-19 must report these results to their UHM or designated unit representative within 1 hour of receipt. UHMs will conduct contact tracing as needed within the work section and transmit rosters of personnel reporting positive results via encrypted email and the provided template to RAFL Public Health by the end of each duty day (or Monday following a weekend). Units will accomplish enhanced cleaning/disinfection for areas occupied by individuals with COVID-19 IAW FHP rev 3.

***Requirements for a Positive Test Result:***

- All service members will isolate for 5 days regardless of vaccination status (day 0 is the day symptoms started or date of specimen collection if asymptomatic). The service member may leave isolation after 5 days, if no symptoms are present or if he/she does not have a fever for more than 24 hours and any remaining symptoms are resolving. Mask wearing must continue for 5 days after leaving isolation when around others. If fever, shortness of breath, or severe fatigue start or persist, the service member will stay isolated until these symptoms resolve.
- Non-service members who have signs or symptoms consistent with COVID-19 will notify their supervisor and not come to the DoD workplace, or if during the workday, immediately distance themselves from other workers, put on a mask, notify their supervisor, and promptly leave the DoD workplace. Personnel who test positive for COVID-19 will remain out of the workplace for 5 days (day 0 is the day symptoms started or date of specimen collection if asymptomatic). Individuals may return to the DoD workplace after 5 days, if no symptoms are present or if he/she does not have a fever for more than 24 hours and any remaining symptoms are resolving. Mask wearing must continue in the workplace for an additional 5 days (for a total of 10 days post-positive result).
- For service members, notify their chain of command if they, or persons in their household, develop signs or symptoms consistent with COVID-19. Such health information will be used only for FHP purposes and will be protected in accordance with applicable laws and policy.
- DoD civilian employees should notify supervisors if they develop or have had contact with anyone who exhibits signs or symptoms consistent with COVID-19. Such health information will be used only for FHP purposes and will be protected in accordance with applicable laws and policy.
- While in self-isolation, you may not leave your home, barracks room, or lodging except for urgent medical appointments or in the case of an emergency.
  - Units shall facilitate provisioning members during their isolation period.
- If symptoms persist, call the 48 MDG Nurse Advice Line at DSN: 314-226-8010 or Comm: 01683 528010. If after hours or weekends / holidays and experiencing concerns, contact Emergency Room, DSN: 226-4226 (01638 52 4226).

***If You are a Close Contact:***

- Close contact is defined as spending 15 minutes or more within 6 feet over a period of 24 hours, starting 2 days before the COVID-19 positive individual's symptoms started or test was performed if they did not have symptoms.
- No quarantine required for service members who are "up-to-date" with the COVID-19 vaccine; however, mask wear is required for 10 days when around other people.

- Any service member not “up-to-date” with the COVID-19 vaccine must notify their supervisor and quarantine for 5 days.
  - While in quarantine, service members may not leave their home, barracks room, or lodging except for urgent medical appointments or in the case of an emergency.
    - Units shall facilitate provisioning members during their isolation period.
  - If no symptoms develop, quarantine may end after 5 days.
  - A face mask will be worn around other people for an additional 5 days after leaving quarantine.
- Civilian personnel who are not fully vaccinated will notify their supervisor and remain out of the workplace for 5 days, and upon return, will wear a mask in the workplace for an additional 5 days.

***Travel Requirements:***

- Travel for fully vaccinated members is IAW 36-3003. Service members are encouraged to check vaccination “up-to-date” status, as well as location-based travel guidance.
- CDC guidance on vaccination “up-to-date” status can be found at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- CDC guidance on travel can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

***Official Travel:*** Fully vaccinated individuals are not restricted from official travel, both domestic and international. Individuals who are not fully vaccinated, or who decline to provide information about their vaccination status, are limited to mission-critical official travel, both domestic and international. Travel associated with permanent changes of station, or travel in ordered evacuations are deemed to be “mission-critical.” During all official travel, travelers will follow all applicable Federal, State, local, and commercial air carrier requirements, and applicable HN requirements as a means to respect HN law.

***Telework:*** Telework and split/staggered shift scheduling remain at unit commander’s discretion. Telework shall not be authorized if it reduces mission or if it degrades customer services.

***Masks and Social Distancing:***

- While the local COVID-19 Community Level remains at a medium or low assessment level, masks are optional for all personnel on RAF Mildenhall. Individuals must follow more rigorous workplace mask mandates when commanders and supervisors determine that it is required to protect health and safety in the workplace, such as mask wearing by health care workers.
- When masks are required, the below exceptions to the mask wearing requirement still apply:
  - In your home or dorm room
  - Alone in a private office with a closed door
  - During physical fitness activities
  - When necessary to reasonably accommodate a religious belief
  - When an individual is alone in a vehicle or sharing the vehicle only with household members
  - When use substantively interferes with the proper wear and use of personal protective equipment necessary for the accomplishment of one's military duties
  - When executing primary aircrew duties
  - For brief periods of time when eating and drinking
  - When clear or unrestricted visualization of verbal communication are essential to safe and effective operations
  - When mask is required to be lowered briefly for identification or security purposes.

- Contact your primary care provider if you feel that you have a condition that prevents you from complying with mask wear requirements.

Please direct questions to the 100 ARW Front Office at DSN 314-238-0100 during normal duty hours or the 100 ARW Command Post after hours at DSN 314-238-0100 or email at [100arw.cce@us.af.mil](mailto:100arw.cce@us.af.mil).

GENE A. JACOBUS, Colonel, USAF  
Commander

Attachments:

1. Unit Health Monitor COVID Positive Report (CAO 7 Jul 22)